



# MID SHORE BEHAVIORAL HEALTH

RESOURCES, GUIDANCE, WHOLENESS, & HOPE

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Resources in Behavioral Health Training, Events, Program Info, News, & More Around the Shore



## Greetings!

The theme of this week's The Steering Wheel is all about Confidence!

In this issue, Marc Bekoff, PhD's *Powerarchy: Understanding the Psychology of Oppression* in *The World Around Us*.

Don't forget to check out *Mark Banschick MD's Trauma in Childhood: What You Need to Know* in *Processes and People: Food For Thought*

Thank you to everyone who attend SIMS 2020 - Human Trafficking. We received so many amazing feedback! We would especially like to thank our speakers, staff, partners and sponsors (Rise Up, Temple B'nai Israel). This day would have been lost with out you all :).

Don't forget to check out our upcoming events on our [events page](#)! Lot's of really great happenings and more CEU opportunities as well. If you have any questions, please email [surquhart@midshorebehavioralhealth.org](mailto:surquhart@midshorebehavioralhealth.org)!

Click below for the latest edition of "The Steering Wheel" newsletter.

The Steering Wheel



**“Humanity is ALL people EVERYWHERE being represented in EVERYTHING”**

— Audra Cherbonnier



Would you like to be featured in our newsletter? Have an upcoming event, workshop, training or conference? How about a question you would like to ask? We are happy to help, please click 'Contact Us' below to send an email to Sherize Urquhart , Marketing & Events Specialist

Contact Us



Have you checked out our calendar of events? Be sure to visit the site to see what's happening in Behavioral Health.

Interested in registering for an event, training or conference? You can now RSVP right from our events calendar!

Upcoming Events



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Connect with us

