



# MID SHORE BEHAVIORAL HEALTH

RESOURCES, GUIDANCE, WHOLENESS, & HOPE

Visit Our Website

Resources in Behavioral Health Training, Events, Program Info, News, & More Around the Shore

YOU ARE  
**NOT**  
ALONE

Now more than ever, we need to find ways to stay connected with our community. No one should feel alone or without the information, support and help they need.

## Greetings!

In this issue, Sherone Lewis, Behavioral Health Coordinator for Diverse and Unique populations, addresses concerns regarding disparities in behavioral health care for minority populations, and provides helpful resources.

Also find:

- A link to the Caliber Award Nominations – the deadline for submission is June 12!
- A listing of the eleven, yes, eleven terrific speakers addressing **resilience** at our upcoming, annual, free conference: Across the Lifespan (ATL). CEU's are provided! Mark your calendar for June 4<sup>th</sup> and 5<sup>th</sup> from 11 -1 each day! Registration coming soon!
- Events we are pleased to promote from the National Council for Behavioral Health, For All Seasons, and from Children's Mental Health Matters, the nomination information for the 2020 Champion of the Year.
- As always, food distribution sites and times on the mid-shore.

Lastly, if you are not already aware, the National Alliance of Mental Illness (NAMI), is organizing a virtual [NAMI Walks Your Way](#), on May 30<sup>th</sup>. NAMI has made it so easy for full participation! Just take pictures of however your walk looks and post, tagging @NAMIMaryland and using #RocktheWalk2020 and #MentalHealthForAll. Show your support for "Mental Health for All: A National Day of Hope."

We at Mid Shore Behavioral Health hope this issue finds you well and wish you a happy Memorial Day.

On behalf of the MSBH team, please enjoy this issue of The Steering Wheel!

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Let's not let a pandemic ruin our celebration of excellence with the

## 22<sup>nd</sup> Annual Caliber Awards!

Please take a few minutes to think about those organizations or people who have been particularly outstanding this past year.

**Nominations are due by June 12th.**



Let's not let a pandemic ruin our celebration of excellence with the 22<sup>nd</sup> Annual Caliber Awards!

Please take a few minutes to think about those organizations or people who have been particularly outstanding this past year and nominate by clicking on this link.

Nominations are due by June 12th. Simply click on the link below!



<https://www.surveymonkey.com/r/27MFFSD>

Save the date – July 10<sup>th</sup> – Celebration and recognition will be an online platform. Stay tuned!

[Submit Nominations Here](#)

Click below for the latest edition of "The Steering Wheel" newsletter.

[The Steering Wheel](#)

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### The Steering Wheel

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The 2020 Resource Guide is LIVE and on our website! Get your copy here:

[2020 Behavioral Health Resource Guide](#)

2020 RESOURCE GUIDE

PUBLIC BEHAVIORAL HEALTH SERVICES IN CAROLINE, DORCHESTER, KENT, QUEEN ANNE'S & TALBOT COUNTIES OF MARYLAND



[WWW.MIDSHOREBEHAVIORALHEALTH.ORG](http://WWW.MIDSHOREBEHAVIORALHEALTH.ORG)



Would you like to be featured in our newsletter? Have an upcoming event, workshop, training or conference? How about a question you would like to ask? We are happy to help, please click 'Contact Us' below to send an email to Sherize Urquhart , Marketing & Events Specialist

[Contact Us](#)



Have you checked out our calendar of events? Be sure to visit the site to see what's happening in Behavioral Health.

Interested in registering for an event, training or conference? You can now RSVP right from our events calendar!

[Upcoming Events](#)



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