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## Behavioral Health Resources, Training, Events, Programs, News & More Around the Shore



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Hello {First Name},

Each year, **Memorial Day** reminds us to honor the strength, courage, and sacrifice of those who passed while protecting our country through military service. The official moment of remembrance takes place at 3:00 p.m. local time on May 31st, but



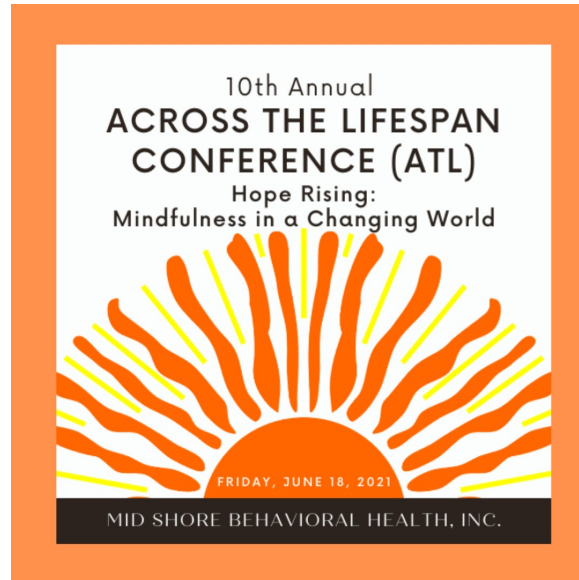
you can commemorate those who served from anywhere, anytime. We thank our military for their service and protection, and you for your continued support around behavioral health in the mid-shore

With hope,

The MSBH Team

# Mid Shore Behavioral Health News & Announcements

## 10th Annual Across the Lifespan Conference



Registration is open for the 10th Annual [Across the Lifespan Conference](#), taking place virtually on June 18th from 9:00 a.m. to 2:30 p.m. This year's theme will be Hope Rising: Mindfulness in a Changing World.

[Learn More & Register Here](#)

Congratulations to our Lifetime Achievers!



Dina Daly



Dale Oberender

The **23rd Annual Caliber Awards** were held as a virtual celebration on May 21st. This year, 33 individuals and organizations were recognized for their contributions to the behavioral health system in the mid-shore region. Follow us on [Facebook](#) for



Mid Shore Behavioral Health is offering a great **partnership opportunity** to bring a professional, affordable and customizable Learning Management System to your organization.

With [Relias Learning](#), you can

pictures, check out the [press release](#), or view a recording of the ceremony [here](#).

Special thanks to [Awards Engraving Company](#) in Denton for crafting this year's Caliber Award design!

choose from over 550 training modules, create your own trainings, manage CAARF accreditation and so much more.

[Click here](#) or [contact us](#) for additional information about integrating Relias into your workplace.

# Behavioral Health Bulletin Board for the Mid Shore Region

## CEU Trainings

- Tuesday, June 8, 9:00 a.m. - 3:30 p.m. [Cultural Humility and Structural Competence to Address Disparities and Inequities](#), CEUs available. *Talbot Family Network*
- \*\*Friday, June 18, 9:00 a.m. - 2:30 p.m. [10th Annual Across the Lifespan Conference, Hope Rising: Mindfulness in a Changing World](#), 4 CEUs. *Mid Shore Behavioral Health, Inc.*
- Wednesday, Friday, July 14-16, 8:30 a.m. - 4:00 pm. [EMDR Therapy Basic Training, Addiction/Recovery, Part 2](#), *Mark Nickerson, LICSW, EMDR Institute Faculty*. A CE certificate for 20 credits will be issued upon completion of both Part 1 and Part 2.
- \*\*June 22 - 24, 9:00 a.m. - 5:00 p.m. [Adult Mental Health First Aid Instructor Training](#), 32 CEUs. Contact [Dr. Jinhee Kim](#) for more information. *University of Maryland Extension ROTA*.

TALBOT FAMILY NETWORK PRESENTS  
**Cultural Humility**  
and Structural Competence to Address Disparities and Inequities

*New Date Added!*

**Tuesday, May 18, 2021 or Tuesday, June 8, 2021**  
Virtual  
9am - 3:30pm

Increase your self-awareness about racial, ethnic, and class biases and increase your knowledge about cultural competency and the link between racial, social, and health disparities.

Facilitated by Maria Mercedes Avila, PhD, MSW, MED

CEUs/CMEs available  
(Visit the registration link for continuing education details)

Registration Link: [bit.ly/CulturalHumilityTFN](https://bit.ly/CulturalHumilityTFN)

*Be sure to select the correct date corresponding with each tab to sign up*

Questions? Contact [talbotfamilynetwork@talbotcountymd.gov](mailto:talbotfamilynetwork@talbotcountymd.gov)

## Other Community Trainings & Events

*Events may or may not be hosted by MSBH. If you have questions about an event, please contact the event organizers directly. To submit an event, please e-mail [Julie Slivka](#).*

*\*\*Asterisked Items are New to the Listing*

- \*\*4th Thursday of May through September, 5:00 p.m. - 7:00 p.m. [Sawubona Circles](#): mental health discussion circles, *Black Mental Health*

Alliance.

- Thursdays in June, 12:00 p.m. - 1:30 p.m. [Regrounding Our Response Series](#)
  - June 1 - [Stages of Change](#)
  - June 8 - [Adverse Childhood Experiences](#)
  - June 15 - [Social Determinants of Health](#)
  - June 22 - [Medications for Addiction Treatment as Overdose Prevention](#)
  - June 29 - [Comprehensive Health Framework for People who use Drugs](#)

- Saturday, June 5, 12 noon - 4:00 p.m. [Community Resource Fair](#), St. Luke's Church, Denton, Md., *Mid Shore Mediation*.

- Wednesday, June 9, 4:00 - 7:00 p.m. [LGBTQ COVID-19 Vaccination Clinic](#), Unitarian Universalist Fellowship, *PFLAG, Choptank Community Health System*
- \*\*Thursday, June 10, 12:00 p.m. - 6:00 p.m. [Stigma of Addiction Summit](#), *National Academy of Medicine*.
- Thursday, June 10, 5:30 p.m. - 7:00 p.m. [Kevin Hines Presents The Art of Wellness: Men & the Male Perspective](#), *Mid Shore Behavioral Health*.

**Maryland ROTA** REGROUNDING OUR RESPONSE  
A series of presentations that seek to address stigma around substance use and raise awareness about public health approaches to the opioid overdose crisis in Maryland

**STAGES OF CHANGE**  
Understand how intentional behavior change happens, how to support people through the process of change, and the importance of providing interventions that are appropriate for the stage each person is in.

WHEN: June 1, 2021, 12:00-1:30pm REGISTER HERE

**ADVERSE CHILDHOOD EXPERIENCE**  
Understand medications for opioid use disorder and how they can improve lives, review how medications can prevent overdose death, and discuss how stigma creates barriers to effective treatment

WHEN: June 8, 2021, 12:00-1:30pm REGISTER HERE

**SOCIAL DETERMINANTS OF HEALTH**  
Identify social determinants of health and how they affect an individual and community, review factors influencing change such as health equity and bias, and discuss upstream and downstream approaches to the overdose crisis.

WHEN: June 15, 2021, 12:00-1:30pm REGISTER HERE

**MEDICATIONS FOR ADDICTION TREATMENT (MAT) AS OVERDOSE PREVENTION**  
Understand medications for opioid use disorder and how they can improve lives, review how medications can prevent overdose death, and discuss how stigma creates barriers to effective treatment

WHEN: June 22, 2021, 12:00-1:30pm REGISTER HERE

**COMPREHENSIVE HEALTH FRAMEWORK FOR PWUD**  
Learn more about how stigma impacts health, review key harm reduction strategies and protective factors for infectious disease, and how to apply a drug user health framework in your organization.

WHEN: June 29, 2021, 12:00-1:30pm REGISTER HERE

If you have any questions please Contact us at: [marylandrot@umd.edu](mailto:marylandrot@umd.edu)

Funded by Substance Abuse and Mental Health Services Administration, Rural Opioid Technical Assistance Grant #H79108265  
This institution is an Equal Opportunity Provider.

University programs, activities, and facilities are available to all without regard to race, color, sex, gender identity or expression, sexual orientation, marital status, age, national origin, political affiliation, physical or mental disability, religion, protected veteran status, genetic information, personal appearance, or any other legally protected class. If you need a reasonable accommodation to participate in any event or activity, please contact us at [MarylandROTA@umd.edu](mailto:MarylandROTA@umd.edu).

Fuel up with Walker Food Truck  
Community Resources  
Music  
Give-Aways  
Treats

**RACE ON IN**

**Recovery In Motion's 7th Annual Drive-Thru Backyard Bash 300**

"Pull in the pit and fill up your resource kit"  
Drive on in to our 7th Annual Backyard Bash! Come fuel up on resources, free food, and treats for the whole family! Come see what we have to offer with out leaving your car!

Friday June 11, 2021  
3pm-7pm  
300 Scheeler Rd. Chestertown, MD 21620

410-778-5894  
"Supporting our Community and YOU!"

FREE EVENT

- \*\*Thursday, June 10 from 7:00 - 8:00 p.m. Author Hannibal Johnson speaks on his book, [Black Wall Street 100: An American City Grapples with its Historical Racial Trauma](#). Co-sponsored by Kent County Library. Learn more [here](#).
- Friday, June 11, 3:00 p.m. - 7:00 p.m. [7th Annual Drive-Thru Backyard Bash](#), *Recovery in Motion*
- Friday, June 11, 5:00 - 8:00 p.m. [Wine Tasting at Harriet Tubman Underground Railroad Visitor Center](#), *Harriett's House A Taste of Freedom Fundraiser*
- Saturday, June 12, 4:00 - 8:00 p.m. [Caroline County Pride Festival](#), *Market St. in Denton*
- \*\* Friday, June 18, 9:00 a.m. - 2:30 p.m. [10th Annual Across the Lifespan Conference, Hope Rising: Mindfulness in a Changing World](#), *Mid Shore Behavioral Health, Inc - 4 CEUs*

- \*\*Saturday, June 19, 8:30 p.m. [Outdoor Movie Night](#) at 3rd & Market St. in Denton, *Caroline County YMCA*.
- \*\*Tuesday, June 22, 1:00 p.m. - 3:30 p.m. [The Camouflage Project: A Short Documentary Film About Veterans, Trauma, and Recovery](#), *Maryland's Commitment to Veterans*.
- \*\*June 22 - 24, 9:00 a.m. - 5:00 p.m. [Adult Mental Health First Aid Instructor Training](#), *University of Maryland Extension ROTA*.

- Friday, June 25, 1:00 - 3:00 p.m. [2021 Youth Awareness Day, His Hope Ministries Mid-Shore Unaccompanied Youth Program](#)
- \*\* The [Maryland SOAR Works!](#) will be hosting a two-art virtual training for individuals looking to become SOAR trained. **Part I** of the webinar will be held on July 14, 2021 from 10 am to 12.30 pm. **Part II** of the webinar will be held on July 15, 2021 from 10 a.m. to 12.30 p.m. [Click here for registration.](#)
- Sunday - Tuesday, August 15-17, [2021 CIT International Conference](#), Phoenix, AZ, *International Crisis Intervention Team*
- Thursday, September 23, 7:30 a.m. - 5:00 p.m., [Virtual Tuerk Conference on Mental Health & Addiction Treatment, A Progressive Approach to Recovery](#), NCADD Maryland, *University of Maryland School of Medicine*
- Saturday, September 25, 2021, [Out of the Darkness Mid-Shore Maryland Walk](#), *American Foundation for Suicide Prevention*
- October 18 - 19, 8:15 a.m. - 1:00 p.m., 2021 [Virtual Maryland Rural Health Conference: Rural Resiliency, Reflection, & Recovery](#), *Maryland Rural Health Association.*

## A Recap of May's Children's Mental Health Awareness Week



This year's [Children's Mental Health Matters Campaign](#) saw over 600 schools participating in, and 270,000 students supported by, the campaign! Know someone who went above and beyond this year? Nominations for Champion of the Year are being accepted until June 7 - [click here](#) to submit your nomination.

## Support Groups

- Every Third Tuesday, 6:30 p.m., [Midshore Transliance In-Person Support Group Meetings](#), Chesapeake College Professions and Athletics Center, and 4th Saturday Nature Walks at 10 a.m. Allies welcome.
- [Monthly support groups](#) for parents and caregivers of children with mental health challenges, and anyone with a loved one impacted by substance use or gambling addiction, *Maryland Coalition of Families*
- \*\* [LGBTQA Support Program](#) is a partnership program between Club F.E.A.R. and the Caroline County YMCA. Program takes place two Fridays a month starting June 4th, 5:30 p.m. - 6:30 p.m. [Contact Angel Perez](#) for more information.



## Job Postings

- \*\* [The University of Maryland at Dorchester](#)

**Hospital** is seeking [Nursing Technicians with experience in Behavioral Health](#). Candidates must have a valid Maryland CNA or GNA license and at least one year of hospital experience is highly preferred. [Please apply](#) for consideration and be sure to include an updated resume.



- **The University of Maryland at Dorchester Hospital** is seeking a [Response Team Clinician](#) to work in our Behavioral Health Department. To be considered for this position you must meet anyone of the following licensing requirements. Licensed Certified Masters of Social, Work Licensed Certified Nurse Clinical Specialist or Licensed Clinical Professional Counselor. This is a PRN role.
- **\*\* CASA of the Mid-Shore** is looking for a part-time [Case Supervisor](#). Send resumes to [Kay Lister](#).
- **\*\* Maryland 211** is seeking a remote [Crisis Call Center Coordinator](#). Interested candidates should send their resume along with salary requirements to [info@211md.org](mailto:info@211md.org).
- **The Office of Suicide Prevention** is seeking a [Suicide Prevention Trainer](#) to join their team.
- **Eastern Shore Psychological Services, LLC** is seeking [Licensed Therapists](#) to join their team in Easton, Chestertown, and Salisbury.
- **Crossroads Community** has [several job opportunities](#) available, including a therapist positions and a PRP Coordinator, and in Mid-Shore locations.
- **St. James A.M.E. Zion Church, Salisbury – Zion House** is seeking a [Lead Case Manager for its Homeless Veteran Reintegration Program \(HVRP\)](#)
- The **Dorchester County Health Department** has two positions for [Experienced Therapists in its School-Based Wellness Center Program](#).
- The **Kent County Local Management Board** is seeking a [Systems of Care Coordinator](#), with the **closing date of May 5, 2021**
- **Channel Marker** is currently seeking a [Behavioral Health Therapist, Youth Rehab Specialist \(Denton\)](#), and [Residential Coordinators](#) to join their team. [Details and job descriptions here](#)
- **Choptank Community Health System** is seeking a [Behavioral Health Therapist](#) and [Behavioral Health Clinician](#). View job descriptions and online applications made [here](#).
- **Santé's Eastern Shore** crisis response is seeking [Licensed Social Workers and a Peer Recovery Counselor](#) for their Eastern Shore locations.
- **Mid Shore Behavioral Health, Inc.** has openings for an [Administrative Coordinator](#) and [Finance Director](#).

*Please submit job postings to [Julie Slivka](#) and include a web link, PDF, or Word Doc. Jobs will be promoted for one month, unless notified otherwise. Thank you.*



- Peer Certification Funding Opportunity, [Maryland Peer Certification Expansion Fund](#)
- **June 7 Deadline:** [FY 2021 Comprehensive Opioid, Stimulant, and Substance Abuse Site-based Program](#), US Department of Justice
- **July Deadline:** Spring 2021 Request for Funding Applications, [Funding for Recovery Support Research in Populations Receiving Services for Opioid Use](#), *Innovations in Recovery Through Infrastructure Support (IRIS) Recovery Research Program (RRP)*

## Volunteer Opportunities

- The **Neighborhood Service Center** is seeking [two volunteers for its Homeless Volunteer Program for June](#). Individuals will receive on the job training experience, soft skills training, goal planning with their 2 GEN Manager, and also a stipend and certificate at completion. The Neighborhood Service Center is also seeking [two new Board Members](#), representing the Low-Income Sector.
- **Haven Ministry's** Food Service Pantry is looking for volunteers. Please contact [Chris Perkins christine@haven-ministries.com](mailto:Chris.Perkins.christine@haven-ministries.com), 443-988-1183.

## Resources: Food Distribution Sites

### Caroline County Residents

[His Hope Ministries](#)

[Martin's House & Barn](#)

### Kent County Residents

[Kent County Community Food Pantry](#)

### Queen Anne's County Residents

[Haven Ministries](#) (QAC residents only)

[Dispensa Emergente Haven Ministries](#) (QAC residents only)

### Talbot County Residents

[See Talbot County COVID-19 Response Food Resource Information Here](#)

[Church of God and St. Michaels Community Center](#)

[Elks Lodge](#)

[Trappe Methodist Church](#)



To find a food pantry near you, visit [Maryland Food Bank's website](#).

## Additional Links & Resources

# MARYLAND NETWORK OF CARE FOR VETERANS

<https://portal.networkofcare.org/Sites/maryland/Veterans>

## SERVICE DIRECTORY AND LOCAL LINKS

Find services for veterans, service members, family members, active-duty personnel and reservists

Search local programs related to housing, employment, reintegration, education, behavioral health, substance use and more

## VIRTUAL LIBRARY

Includes 1,000s of articles and fact sheets on a variety of health topics

Take self-assessment tests

Read and download resources from groups such as the Wounded Warrior program

## NEWS AND LEGISLATION

Relevant national news stories are continuously updated on the home page  
Find and track state and federal bills related to veterans and get contact information for your local legislators

## CRISIS RESPONSE MAP

- Locate phone numbers for your community crisis response provider
- Get numbers and links for state and national hotlines such as the Veteran Crisis Line are also listed

## REGIONAL RESOURCE COORDINATORS

- Maryland's Commitment to Veterans' Regional Resource Coordinators can assist those who have served or are serving (and family members) with mental health and substance use services

## CREATE A FREE ACCOUNT

- Easily save links to service and resource providers, important phone numbers, news stories, and legislative bills you would like to track and more when you create a free secure account



[Click Here For A Comprehensive List of Other Resources](#)

[Fiscal Year 2021 Community Behavioral Health Plan](#)

[Optum Provider Alerts](#)

Do you have news to share in our newsletter? Have an upcoming event, workshop, training, or conference? How about questions you need answers to? Please email [Julie Slivka](mailto:Julie.Slivka@midshorebh.com), we'd love to help!

Visit our events page for upcoming events & trainings.

[Upcoming Events](#)

## Our Mission

Mid Shore Behavioral Health, Inc.'s mission is to continually improve the provision of behavioral health services for residents of Caroline, Dorchester, Kent, Queen Anne's, and Talbot Counties through effective coordination of care in collaboration with consumers, their natural support systems, providers, and the community at large.

## Our Vision

Mid Shore Behavioral Health, Inc.'s vision is a rural behavioral healthcare delivery system that is clinically and culturally competent. This system will ensure access, have a community focus, be cost-effective, and be integrated to serve the community as a whole.





# MID SHORE BEHAVIORAL HEALTH

RESOURCES, GUIDANCE, WHOLENESS, & HOPE

## MID SHORE BEHAVIORAL HEALTH, INC.

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