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Resources in Behavioral Health Training, Events, Program Info, News, & More Around the

**Shore** 



## Addressing racism is a mental health issue.

#ImpactOfTrauma | July 2020



## **Greetings!**

July 4<sup>th</sup>, 2020 is marked this year with both celebration of our nation's independence from Great Britain and the somber reminder that two hundred and forty-four years later there is still work to be done to ensure that "these truths" and related "unalienable rights" are not only self-evident, but are implemented - for all human beings regardless of color, race, gender identification, disability, or religion.

In this issue of The Steering Wheel, our Executive Director, Katie Dilley, provides an overview of an historic milestone regarding behavioral health systems integration, that includes an invitation to get involved in work that will help to eliminate the systemic disparities impacting the mental health of people of color on the mid-shore.

July is #BIPOCMentalHealthMonth! Like us on Facebook to find curated content from our state and national partners listed below or click on their respective links to engage directly.

- · The Mental Health Association of Maryland is recognizing BIPOC (Black, Indigenous, and People of Color) with #BIPOCMentalHealthMonth.
- · Both the <u>National Alliance on Mental Illness (NAMI)</u> and the <u>Office of Minority Health</u> are recognizing National Minority Mental Health Awareness Month

From all of us at MSBH, have a thoughtful and celebratory 4<sup>h</sup> of July!

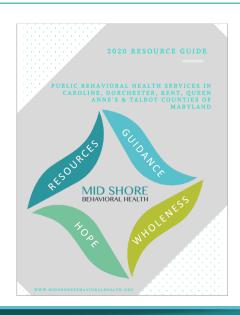
Click below for the latest edition of "The Steering Wheel" newsletter.

## The Steering Wheel



The 2020 Resource Guide is LIVE and on our website! Get your copy here:

2020 Behavioral Health Resource Guide





Would you like to be featured in our newsletter? Have an upcoming event, workshop, training or conference? How about a question you would like to ask? We are happy to help, please click 'Contact Us' below to send an email to Sherize Urquhart, Marketing & Events Specialist



Have you checked out our calendar of events? Be sure to visit the site to see what's happening in Behavioral Health.

Interested in registering for an event, training or conference? You can now RSVP right from our events calendar!

Contact Us

**Upcoming Events** 



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