



MID SHORE BEHAVIORAL HEALTH

RESOURCES, GUIDANCE, WHOLENESS, & HOPE

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Resources in Behavioral Health Training, Events, Program Info, News, & More Around the Shore

Greetings!

We have ended our week on a high note. Today we celebrated and recognized many of the dedicated and outstanding professionals here on the mid-shore, with our [22nd Annual Caliber Awards ceremony](#). Dr. Aliya Jones provided opening remarks, we honored Joan Smith for her many years of service with the Lifetime Achievement Award, Senator Addie Eckardt provided closing remarks, with many great people and stories in between. If you weren't in attendance and would like to hear some great news about the many people doing outstanding work in behavioral health on the mid-shore, take the time to listen to the recording, and enjoy the beautiful artwork shared by the Eastern Shore Hospital Center.

We are not using the "magazine" format for The Steering Wheel this week, so scroll down to read Michelle Hammond's call to action (below) as well as check out job opportunities in our field on the shore and other events and happenings.

Be well,
Kelley Moran and the MSBH team



Let us talk about Minority Mental Health Month!

July is time to bring some attention to National Minority Mental Health.

African Americans/ American Indians/ Alaska Natives/ Asian Americans / Hispanic/Latinos/ Pacific Islanders/ Native Hawaiians are populations that may receive less mental health services. In some cases, these may be primarily due to reasons of poverty and poor quality of healthcare.

Did you know, according to www.minorityhealth.hhs.gov:

- Suicide was the leading cause of death for Asian Americans, ages 15 to 24, in 2017.
- Asian American females, in grades 9-12, were 20 percent more likely to attempt suicide as compared to non-Hispanic white female students, in 2017.
- Southeast Asian refugees are at risk for post-traumatic stress disorder (PTSD) associated with trauma experienced before and after immigration to the U.S. One study found that 70% of Southeast Asian refugees receiving mental health care were diagnosed with PTSD.²

- The overall suicide rate for Asians Americans is half that of the non-Hispanic white population.
- In 2017, suicide was the second leading cause of death for African Americans, ages 15 to 24.¹
- The death rate from suicide for African American men was more than four times greater than for African American women, in 2017.
- However, the overall suicide rate for African Americans is 60 percent lower than that of the non-Hispanic white population.
- African American females, grades 9-12, were 70 percent more likely to attempt suicide in 2017, as compared to non-Hispanic white females of the same age.
- In 2017, suicide was the second leading cause of death for American Indian/Alaska Natives between the ages of 10 and 34.¹
- American Indian/Alaska Natives are twice as likely to experience the feeling that everything is an effort, all or most of the time, as compared to non-Hispanic whites.
- Violent deaths, unintentional injuries, homicide, and suicide, account for 75% of all mortality in the second decade of life for American Indian/Alaska Natives.²
- The overall death rate from suicide for American Indian/Alaska Native adults is about 20 percent higher as compared to the non-Hispanic white population.
- Adolescent American Indian/Alaska Native females, ages 15-19, have a death rate that is three times higher than for non-Hispanic white females in the same age groups.

These are sobering statistics that lead to questions. What are you going to do to acknowledge this month of July in observance of Minority Health Awareness Month? Have you considered just sharing this article? Have you considered bringing up the community conversation about this subject? It is very disturbing to know that because of systematic barriers, all cannot receive the equal behavioral health services that are needed. We can begin to start thinking about advocating for making changes to these systems to reduce the behavioral mental health barriers for minority people in our communities. Remember, we live in a world strengthened through diversity.

Michelle Hammond

TRAININGS & EVENTS

Join MSBH's Consortium of Care (CoC) in our fight to end homelessness in our mid-shore region! The Mid Shore Roundtable on Homelessness meets the 2nd Tuesday of each month from 1:30 - 3:00. Contact [Jeanine Beasley](#) or [Jazzmine Davis](#).

Don't miss an upcoming symposium held on July 16th and 17th - designed for educators, mental health professionals, medical providers, LGBTQ advocates, and anyone who cares about the well-being of young people.

[Gender Spectrum Professional's Symposium](#)

[Recognizing and Responding to Suicide Risk: Essential Skills in Primary Care \(Virtual Training\)](#) July 30, 2020 5:00 – 6:30 PM

20% of those who died by suicide visited their PCP within 24 hours prior to their death. You could be the last medical professional seen by a patient on the brink of a life or death decision. Earn 1.50 AMA PRA Category 1 Credits! 1.5 CME Credits.

JOBS

MSBH is looking for a passionate, dedicated person to join our team as a [Behavioral Health Coordinator, Aging Population](#).

[St. James A.M.E. Zion Church](#) – Zion House is seeking a candidate to fill the vacancy of Case Manager for our Homeless Veteran Reintegration Program (HVRP). This position provides veteran employment assistance services to connect homeless veterans to employment counseling, skill development, and placement services.

This is a grant funded position. Salary is commensurate with skill level. This is a full-time (40 hour per week) professional level position. Candidates should be bachelor prepared, master degree preferred.

We observe all federal holidays and allow 10 days for personal leave. Interested applicants should contact Dr. Loré L. Chambers at (410) 742-4950, Ext. 112, or e-mail your resume to llchambers007@gmail.com.

St. James A.M.E. Zion Church – Zion House is seeking a candidate to fill the vacancy of Office Manager for our Homeless Veteran Reintegration Program (HVRP). This position provides administrative support to the case management staff and general office duties.

This is a grant funded position. Salary is commensurate with skill level. This is a part-time (20 hour per week) position. Candidates should be proficient in Microsoft office.

We observe all federal holidays and allow 10 days for personal leave. Interested applicants should contact Dr. Loré L. Chambers at (410) 742-4950, ext. 112, or e-mail your resume to llchambers007@gmail.com.

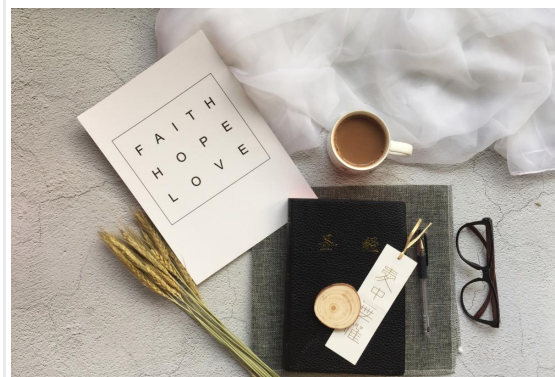
Kent County Government - Job Description -- Housing & Transportation Coordinator

The 2020 Resource Guide is LIVE and on our website! Get your copy here:

2020 Behavioral Health Resource Guide



Would you like to be featured in our



newsletter? Have an upcoming event, workshop, training or conference? How about a question you would like to ask? We are happy to help, please click 'Contact Us' below to send an email to Sherize Urquhart , Marketing & Events Specialist

[Contact Us](#)

Have you checked out our calendar of events? Be sure to visit the site to see what's happening in Behavioral Health.

Interested in registering for an event, training or conference? You can now RSVP right from our events calendar!

[Upcoming Events](#)



Mid Shore Behavioral Health, Inc.

28578 Mary's Court, Suite 1
Easton, MD 21601
410.770.4801

Connect with us

