



MID SHORE BEHAVIORAL HEALTH

RESOURCES, GUIDANCE, WHOLENESS, & HOPE

[Visit Our Website](#)

[Resources in Behavioral Health Training, Events, Program Info, News, & More Around the Shore](#)

Greetings!

This issue of the Steering Wheel includes several new learning opportunities, grant announcements, and more.

It's all part of Mid Shore Behavioral Health's dedication to sharing helpful links to connect you with resources, guidance, wholeness, and hope.



**Reshaping Social Justice, Public Health, and Healthcare
Delivery for a New Future Beyond COVID-19**

Please join us for the 2020 Health Equity Conference!

Save the Date! December 3, 2020

Maryland's 17th Annual Statewide Health Equity Conference
Reshaping Social Justice, Public Health, and Healthcare
Delivery for a New Future Beyond COVID-19

See the [Draft Agenda Here](#). [Register Online Here](#).

Oxford House in Centreville Opening this November

[Oxford House - First Recovery](#) is opening this November at 305 N. Commerce Street in Centreville, Md.

Oxford House is a concept in recovery from drug and alcohol addiction. In its simplest form, an Oxford House describes a democratically run, self-supporting and drug free home. [Click here to learn more](#).



Grant Alert!

Caroline County Office of
COVID-19 Economic Recovery & Relief

**Utility Stabilization for
Caroline County Residents
Impacted by COVID-19**

[click here for eligibility guidelines
& grant application](#)

New funding for utility assistance
for Caroline County residents
impacted by COVID-19

Message provided by
Mid Shore Behavioral Health

Click [Here](#) to learn more about OMH's Knowledge Center Resources

OMH U.S. Department of
Health and Human Services
Office of Minority Health

November 2020 | [View as a webpage](#)

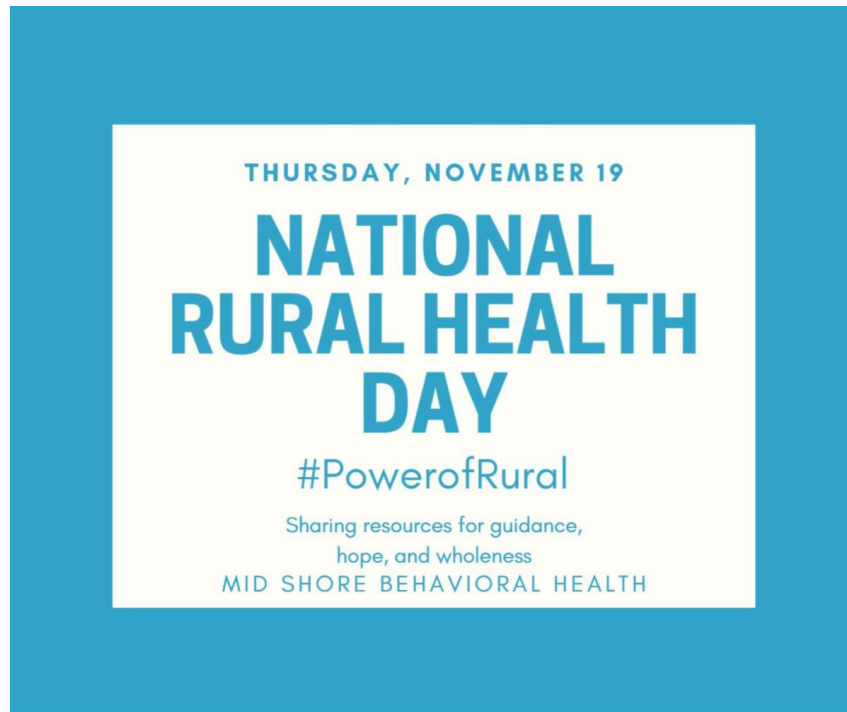
HEALTH EQUITY LINK

U.S. Department of
Health and Human Services
Office of Minority Health



Community Bulletin Board

Find Mid-Shore trainings, job postings, and events here



Embrace the #PowerofRural and be sure to download the [National Rural Health Day Engagement Tool Kit](#)

Trainings & Resources

Events below are not hosted or provided by MSBH. If you have any questions about these events, please contact the event organizers directly. Thank you.

*****Asterisked Items are New to the Listing***

- **** November is National Family Caregiver Month , Mental Health America has resources for caregivers of someone with a mental illness, [with more here](#).**
- **Monday, November 9, 9 - 12:45 p.m. [Ethical Considerations and Extreme Risk Protective Orders](#) (ERPO) 3 CEU's**
- **** Tuesday, November 10, 2:30 - 4:00 p.m., [Mobile Response and Stabilization: Supporting Children, Youth and Families During COVID](#)**
- **Wednesday, November 11 9:30 - 12:30 [Understanding Trauma in African-American Women](#) 3 CEU's**
- **Thursday, November 12, 5:00 - 6:00 p.m. [BHA/MedChi Behavioral](#)**

[Health Series: Stress Management During COVID-19 with Attention to Financial Distress.](#)

- **Wednesday, November 12, 8:00 - 4:30 p.m.** [The Military Life Cycle: Understanding and Working with Veterans and their Families](#)
- **Saturday, November 14, 10 - 2:00 p.m.** [His Hope Ministries 4th Annual Holiday Bazaar](#)
- **Monday, November 16, Noon - 1:00 p.m.** [NAMI Maryland Hosts Depression - Out of the Darkness and Into the Light Webinar](#)
- **** Wednesday, November 18, 9:00 a.m.** [Racial Trauma Definitions and Interventions, University of Maryland School of Medicine \(1 CEU\)](#)
- **** Wednesday, November 18, 1:00 p.m.** [Maryland Governor's Commission on Suicide Prevention Meeting](#)
- **** Wednesday, November 18, 2:00 p.m.** [Treating Veterans with PTSD: Suicide and PTSD: Navigating Risk and Tailoring Evidence-Based Treatment by Ryan Holliday, PhD](#)
- **** Thursday, November 19, [National Rural Health Day](#)**
- **Thursday, November 19, noon** [Lunch & Learn: Self-Disclosure - Is It an Ethical Mistake or an Intervention?](#)
- **Thursday, December 3, 9:00 - 4:00 p.m.** [Maryland Dept. of Health Minority Health and Health Disparities 17th Annual Equity Conference](#)
- **** Thursday, December 3, Noon** [MDH's Racism & Mental Health Series: Addressing Racial Bias in Early Childhood Education to Improve Outcomes for Young Children](#)
- **Thursday, December 3, 5:00 - 6:00 p.m.** [BHA/MedChi Behavioral Health Webinar Series: Coping with the Ambiguous Losses and Stress of the Pandemic.](#)
- **Monday, December 7, Noon - 1:00 p.m.** [NAMI Maryland presents Finding Music Within the Noise: A Plan to Thrive During Troubling Times.](#)
- **Thursday, December 17, 5:00 - 6:00 p.m.** [BHA/MedChi Behavioral Health Webinar Series: The Impact of Racial Trauma on Providers.](#)
- **Thursday, January 14, 5:00 - 6:00 p.m.** [BHA/MedChi Behavioral Health Webinar Series: The Approach to Impaired Clinicians.](#)

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- **** Suicide Prevention Resource Center (SPRD) [Care Transitions](#): A new online tool to help ensure a support system, appropriate hand-off communication, and safety plan are in place when individuals at risk of suicide transition from inpatient to outpatient care.**
 - **** Every Third Thursday, 5:30 p.m.** [Midshore Transliance Meetings, Easton, Md](#)
 - **** COVID GUIDANCE: [Screening for Suicide Risk during Telehealth Visits](#)**
 - **** [CDC's Youth Risk Behavior Survey Data Summary & Trends Report, 2009 - 2019](#)**

- **** [MHA's State of Mental Health in America 2021](#)**
 - **At your own pace - [Cultural and Linguistic Competency course on the Maryland Behavioral Health University of Maryland Training website](#) - 1.25 NBCC CEUs or a Certificate of Attendance (COA) upon completion of the course and final test.**
 - **Missed it? Here are the recordings of the sessions from the [First Annual Racism & Mental Health Symposium](#).**
 - **[All Black Lives Matter: Mental Health of Black LGBTQ Youth](#)**
 - **[National Hispanic Heritage Month Part I: Unpacking What It Means to Work with Latinx Clients and their Families](#)**
 - **["The Military Life Cycle" Understanding and Working with Veterans and their Families \(updated link\)](#)**
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Resources: Food Distribution Sites

Caroline County Residents
[Martin's House & Barn](#)

Queen Anne's County Residents
[Queen Anne's County Residents Only Haven Ministries](#)
[Despensa Emergente Haven Ministries Queen Anne's County Residents Only](#)

Talbot County Residents
[Church of God and St. Michaels Community Center](#)
[Elks Lodge](#)
[Trappe Methodist Church](#)

Volunteer Opportunities

Haven Ministry Food Service Pantry is looking for volunteers. Please contact [Chris Perkins christine@haven-ministries.com](mailto:christine@haven-ministries.com), 443-988-1183.

Job & Position Postings

- **** The Maryland Suicide Prevention Office is recruiting for a **Suicide Prevention Outreach Coordinator**. [Details Here](#).**
- **** The Center for Harm Reduction Services in the Maryland Department of Health is seeking a **Deputy Chief**. [Details Here](#).**
- **St. James Zion House is seeking to fill the position of **Employment Case Manager** for their Homeless Veteran Reintegration Program. Read the [Job Description Here](#). Read the [Vacancy Announcement Here](#).**
- **MarylandROTA is looking for a **part-time educator** who can provide the Mental Health First Aid and other opioid prevention-related training and education for youth and adults in mid and upper shore communities. If you are interested, please contact Jinhee Kim at jinkim@umd.edu.**
- **Channel Marker currently has **numerous job openings**, with more at**

channelmarker.org/employment.

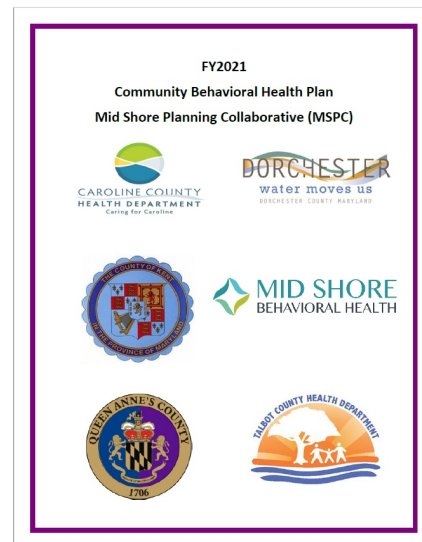
- The **State of Maryland** has openings for a **Certified Peer Recovery Specialist I & II**. To learn more and apply, go to bit.ly/recoveryspecialist1 or bit.ly/recoveryspecialist2.
- **Talbot Family Network** is seeking an **Executive Director**. Learn more and apply at talbotcountymd.gov/index.php?page=Job_Openings.
- The **Governor's Commission on Suicide Prevention** has two openings available. More about the Commission can be found [here](#). Anyone interested should apply using [this link](#). If you have any questions, please contact Janel Cubbage at janel.cubbage@maryland.gov.

To submit a job posting, kindly email:
surquhart@midshorebehavioralhealth.org.

Please submit postings in PDF or Word Document. Jobs will be promoted for the duration of 1 month, or until notified differently.

Check out our Fiscal Year
2021 Integrated
Community Behavioral
Health Plan

Fiscal Year 2021
Community
Behavioral Health
Plan



The 2020 Resource Guide
is online. Get your copy
here:

2020 Behavioral
Health Resource
Guide





Do you have news to share in our newsletter? Have an upcoming event, workshop, training or conference? How about questions you need answers to? Please email [Sherize Urquhart](mailto:Sherize.Urquhart) so that we can be of help.



Check out our events page for upcoming events & trainings.

[Upcoming Events](#)



[Optum Provider Alerts](#)

Our Mission

MSBH's mission is to continually improve the provision of behavioral health services for residents of Caroline, Dorchester, Kent, Queen Anne's and Talbot Counties through effective coordination of care in collaboration with consumers, their natural support systems, providers and the community at large.

Our Vision

MSBH's vision is a rural behavioral healthcare delivery system that is clinically and culturally competent. This system will ensure access, have a community focus, be cost-effective, and be integrated to serve the community as a whole.



Mid Shore Behavioral Health, Inc.
28578 Mary's Court, Suite 1
Easton, MD 21601
410-770-4801

Connect with us

