



# MID SHORE BEHAVIORAL HEALTH

RESOURCES, GUIDANCE, WHOLENESS, & HOPE

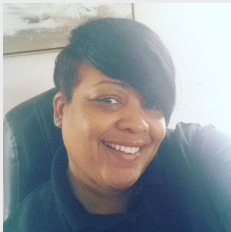
[Visit Our Website](#)

[Resources in Behavioral Health Training, Events, Program Info, News, & More Around the Shore](#)

Greetings!

This week's issue of the Steering Wheel has information on the new FY21 RFP for Residential Crisis Beds, several new events, upcoming learning opportunities, trainings, job postings, and more.

It's all part of Mid Shore Behavioral Health's dedication to sharing helpful links to connect you with resources, guidance, wholeness, and hope.



Eboni Taylor Tue, MSBH Board member, was recently appointed to Kent County Clinic Coordinator for Eastern Shore Psychological.

***We congratulate Eboni on her new position!***



We are currently updating our Behavioral Health Resource Guide for 2021. The Behavioral Health Resource Guide is a key component of the Mid Shore Planning Collaborative's Community Behavioral Health Plan and is a vital resource for individuals, families, and the communities of Caroline,

Dorchester, Kent, Queen Anne's, and Talbot Counties. Thank you for your attention and participation.

Please contact, Sherize Urquhart at: [surquhart@midshorebehavioralhealth.org](mailto:surquhart@midshorebehavioralhealth.org) to have your listing updated. If you would like to add a listing, kindly email the **Provider Survey - New Addition** form.

**All updates/additions need to be received by December 23, 2020**

2020 Behavioral Health Resource  
Guide

**Mid Shore Behavioral Health Inc.  
28578 Mary's Court, Suite 1  
Easton, MD 21601**



***REQUEST FOR PROPOSALS***

**Residential Crisis Beds**

**Issued: 12/09/2020**

**Due: 1/20/2021**

Prospective applicants who have received this document from a source other than the Issuing Officer should immediately contact the Issuing Officer and provide their name and mailing address in order that addenda to the RFP or other communications can be sent to them. Any prospective applicant who fails to notify the Issuing Officer with this information assumes the complete responsibility in the event they do not receive communications from the Issuing Officer prior to the RFP closing date.

ISSUING OFFICER:  
Kathryn G. Dilley  
Executive Director



## RFP Alert!

MSBH is seeking responses from diverse partnerships to establish this new resource in the Mid Shore region.

### Mid Shore Behavioral Health Adolescent Clubhouse Initiative

use the link to download the Request for Proposals

Submission Deadline: Dec. 16, 4pm

Message provided by  
Mid Shore Behavioral Health

[Click for More Information](#)



### Community Bulletin Board

*Find Mid-Shore trainings, job postings, and events here*

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*don't be duped*

# WHITENESS IS A THING

Heather R. Mizeur

Soul Force Politics is excited to announce open enrollment for their 2021 course offerings for Unlearning Racism as well as the release of a powerful new essay called, "Whiteness is a Thing" and a podcast series entitled, "Witness to Whiteness: A Journey of Transformation." [Connect with all of these tools on their new website section devoted to unlearning racism.](#)



Stepping Out of Whiteness & Unlearning Racism



The flyer features a dark teal background with a photograph of the Avenue Recovery Community building. A large red ribbon is draped across the bottom of the building, with a pair of gold scissors cutting through it. Several gold and silver balloons are scattered throughout the scene. The text is arranged in a clean, modern layout with various font weights and colors (white, gold, teal) to create visual hierarchy.

**AVENUES**  
A RECOVERY COMMUNITY  
AT *Eastern Shore*

# GRAND OPENING

JOIN THE LOCAL HEALTHCARE AND RECOVERY RESOURCE COMMUNITY FOR THIS EXCITING EVENT

**MONDAY, DECEMBER 21<sup>ST</sup> 12<sup>PM</sup> - 2<sup>PM</sup>**  
821 FIELDCREST ROAD, CAMBRIDGE, MD 21613

**Ribbon Cutting Ceremony**  
with **Senator Adelaide Eckardt** at **12 p.m.**

 **Deluxe cappuccino & pastry bar**

 **Live Music**  
by Eastern Shore local musician  
**Colby Sard**

**PLUS:**

- Indoor Facility Tours
- Photobooth
- Avenues Masks Giveaway

*Looking forward to greeting you personally,*

**Joe Weisbord**  
*Executive Director*

**Kaitlyn Snitchler**  
*Clinical Director*

**Jeremy Savin**  
*Outreach Coordinator*

**410.673.4600** [AVENUESRECOVERYMARYLAND.COM](http://AVENUESRECOVERYMARYLAND.COM)



A circular graphic with the text "COVID-19 PRECAUTIONS WILL BE IN EFFECT" around the perimeter. Inside the circle, two stylized figures wearing face masks are shown with a double-headed arrow between them, indicating social distancing.

[Download the Brochure](#)

# YOUNG PEOPLE'S MENTAL HEALTH IN 2020: Hope, Advocacy, and Action for the Future



Mental Health America's (MHA's) new report, *Young People's Mental Health in 2020: Hope, Advocacy, and Action for the Future*, shares the perspectives of 1,906 14-24-year-olds who completed our Young People's Mental Health Survey through our online screening program, [MHAScreening.org](https://www.MHAScreening.org)

[Download the Report](#)

**2020 SOAR Outcomes**

SSI/SSDI Outreach, Access, and Recovery (SOAR) helps states and communities increase access to Social Security disability benefits for eligible adults and children who are experiencing or at risk of homelessness and have a serious mental illness, medical impairment, and/or a co-occurring substance use disorder. Funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), the SOAR Technical Assistance (TA) Center develops and provides systems planning, training, and technical assistance to support the implementation of SOAR nationwide.

**2020 SOAR Super Stars**

- Consistency and Impact.** Pennsylvania and Tennessee continue to show the most consistency and impact, receiving large numbers of cumulative decisions (3,674 for Pennsylvania and 2,479 for Tennessee) and maintaining high approval rates (91 percent for Pennsylvania and 90 percent for Tennessee). Maryland, Arkansas, and North Carolina are also continuously producing impressive numbers: 1,531 decisions with an 86 percent approval rate in Maryland, 1,208 decisions with an 83 percent approval rate in Arkansas, and 2,926 decisions with a 77 percent approval rate in North Carolina.
- Over 3,000 Decisions.** Seven states have over 3,000 cumulative decisions: Ohio, Florida, California, Georgia, Utah, Pennsylvania, and Michigan.
- Over 2,000 Approvals.** Six states have over 2,000 approvals: Florida, Ohio, Pennsylvania, California, Georgia, North Carolina, Tennessee, Michigan, and Oregon. Notably, Florida has had 4,410 approvals!
- Top Approval Rates.** Our "Top Ten" criteria required that states had at least 325 cumulative decisions, approval rates at or above the national average in 2020, and at least 24 decisions in 2020 (2 per month). The average cumulative approval rate for these rock star states is 76 percent! In order of average cumulative approval rate from highest to lowest, the Top Ten states are: Pennsylvania, Tennessee, Maryland, Arkansas, North Carolina, Oklahoma, Virginia, Oregon, Georgia, and Michigan. We are really proud to welcome Oregon, Georgia, and Michigan into the "Top Ten" this year!
- Most Improved Capacity.** Wyoming, Iowa, and Maryland showed great improvement in total decisions and approvals in 2020 from what they reported the previous year. Wyoming had 7 decisions in 2019 compared to 40 decisions in 2020, a 471 percent increase! Iowa had a 20 percent increase in applications, and Maryland had an 11 percent increase.
- Most Improved Approval Rates.** Iowa, Ohio, Virginia, and Oregon showed the most improvement in their approval rates from 2019 to 2020. On average, these 4 states had a 25 percent increase in their approval rates.
- Most Improved Days to Decision.** Two states showed great reductions in their average days to decision. Arkansas went from an average of 99 days to decision in 2019 to an average of 65 days in 2020, a 35 percent reduction, and Pennsylvania dropped from an average of 91 days to decision in 2019 to 82 days in 2020, a 10 percent reduction.

Note: To be considered for inclusion in the Super Stars rankings, the state must have had at least 24 decisions in 2020 and have an approval rate at or above the national average for 2020.

**2020 Outcomes**

INITIAL APPLICATIONS - ●  
APPEALS - ●

**65%** APPROVAL RATE

**4,265** NUMBER OF APPROVALS

**115** DAYS TO DECISION (ON AVERAGE)

**Cumulative Outcomes**

CUMULATIVE INITIAL APPROVAL RATE **65%**

**47,751** Cumulative initial approvals  
**7,459** Cumulative appeal approvals  
**55,210** People receiving benefits because of SOAR

**Financial Outcomes**

**\$3,144** average general assistance reimbursement  
**\$10,529** average Medicaid reimbursement  
**\$6,821** average retroactive back payment

**\$518M** brought into the economies of participating localities

**Top States**

**TOP 10 STATES\***

- Pennsylvania
- Tennessee
- Maryland
- Arkansas
- North Carolina
- Oklahoma
- Virginia
- Oregon
- Georgia
- Michigan

**76%** APPROVAL RATE

The SSI/SSDI Outreach, Access, and Recovery (SOAR) Technical Assistance (TA) Center is funded by the Substance Abuse and Mental Health Services Administration (SAMHSA). SOAR is a national program designed to increase access to the disability income benefit programs administered by the Social Security Administration (SSA) for eligible adults and children who are experiencing or at risk of homelessness and have a serious mental illness, medical impairment, and/or a co-occurring substance use disorder.

Contact SOAR: [soar@prainc.com](mailto:soar@prainc.com) | (618) 438-7415 x2 | <https://soarworks.prainc.com/>

\*Includes: Highest cumulative approval rate in initial application for cases with at least 20 cumulative decisions; at least 20 decisions in 2020 (2 per month); and a 2020 approval rate above the national average. Combined, these states had 26,323 decisions.



**Download the SOAR 2020 Outcomes**

**Download the 2020 National Outcomes**



**COVERED**

**Please help us keep children warm this winter. Donate a NEW blanket, comforter, or throw.**

**Drop off Locations**

**HHYFW**  
204 Cedar St, Ste 102  
Cambridge, MD 21613  
M/W/F  
9-12

**Dorchester Chamber of Commerce**  
528 Popular St  
Cambridge, MD  
M-F  
9-12

**Drop-off by December 18, 2020**

Contact: [info@harvestinghopeinc.org](mailto:info@harvestinghopeinc.org)

**Click to Contact**

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## Trainings & Resources

Events below are not hosted or provided by MSBH. If you have any questions about these events, please contact the event organizers directly. Thank you.

**\*\*Asterisked Items are New to the Listing**

- December is National Stress-Free Family Holidays Month, and is also recognized as [Universal Human Rights Month](#)
- **\*\* Monday, December 14, 10:00 a.m.** [The Role of the Black Church in Suicide Prevention/Postvention & Mental Health Awareness](#)
- **\*\* Monday, December 14, 6:00 p.m.** [Trauma-Informed Suicide Prevention: Leading School District, County, and State Systems- Part 3: Collaboration and Risk Assessment](#)
- **\*\* Wednesday, December 16, 12:00 p.m.** [An Introduction to Stress First Aid](#)
- **Wednesday, December 16, 3:00 p.m.** [SAMHSA's Homeless and Housing Resource Center: Eviction Prevention and Housing Retention During and After COVID-19](#)
- **\*\* Wednesday, December 16, 6:00 p.m.** [Coping During the Holidays by Finding "Triggers to Joy"](#)
- **\*\* Thursday, December 17, 12:00 p.m.** [Tightening Your Technology: Cybersecurity Strategies for Behavioral Health Providers](#)
- **Thursday, December 17, 12:00 p.m.** [Lunch & Learn: Treating Suicidal Patients on Telehealth](#)
- **Thursday, December 17, 5:00 - 6:00 p.m.** [BHA/MedChi Behavioral Health Webinar Series: The Impact of Racial Trauma on Providers](#)
- **\*\* Thursday, December 17, 6:00 p.m.** [Strategies for those Grieving Through the Holiday](#)
- **Friday, December 18, 12:00 p.m.** [A Compassionate Path of Recovery for Gamblers: Mindfulness Theory, Research and Treatment](#)
- **Friday, December 18, 12:30 - 1:30 pm** [BHIPP Resiliency Break: Treatment of Opioid Use Disorder in Youth](#)
- **Thursday, January 7, 12:00 p.m.** [Racism & Mental Health Series: Becoming a Cultural Ally](#)
- **January 11 - 12,** [4th Annual Conference- MARYLAND CHILD TRAFFICKING VIRTUAL CONFERENCE](#)
- **Tuesday, January 12, 3 p.m. - 4 p.m.** [The People's Roundtable](#)
- **Thursday, January 14, 5:00 - 6:00 p.m.** [BHA/MedChi Behavioral Health Webinar Series: The Approach to Impaired Clinicians](#)
- **Thursday, January 21, 12:00 p.m.** [Lunch & Learn: Mental Health and Social Media during the COVID-19 Pandemic](#)
- **\*\* Tuesday, January 26, 9:30 a.m.** [Assessing and Managing Suicide Risk \(AMSR\) for Substance Use Disorder Treatment Professionals](#)



- **Thursday, January 28, 5:00 - 6:00 p.m.** [BHA/MedChi Behavioral Health Webinar Series: Vicarious Trauma and Self-Care for Health Care Workers During COVID-19](#)
  - **\*\* Friday, January 29, 12:00 p.m.** [QPR: Question, Persuade, Refer](#)
  - **\*\* 2021 Course Schedule and Enrollment:** [Witness to Whiteness: A Journey of Transformation](#)
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- **Crossroads Community, Inc.'s Healthy Transition Young Adults Program is seeking referrals.** [Click here to submit a referral](#)
  - **Resources for Talbot County - Call 410-770-4848 or visit [talbotcovid19.org](http://talbotcovid19.org) to learn more** [Click here to download the application](#)
  - **Mid Shore Pro Bono is accepting clients.** Click here for the [Child Advocacy & Kinship Care Project](#) and here for the [Mid-Shore Pro Bono PowerPoint Presentation Eastern Shore's Legal Network](#)
  - [MLN CONNECTS Official CMS News from the Medicare Learning Network](#)
  - [Preventing Law Enforcement Suicide Toolkit](#)
  - [Mental Health Supports During the COVID-19 Crisis](#)
  - [FAQs about Mental Health, Stress and Anxiety](#)
  - [Coping with Holiday Stress](#)
  - **GRANT ALERT: [Statewide Family Network Grant](#), Jan. 4, 2021 Deadline.**
  - **Join OMH's National COVID-119 Resiliency Network.** [Click here for more.](#)
  - **Suicide Prevention Resource Center's (SPRD) [Care Transitions](#):** A new online tool to help ensure a support system, appropriate hand-off communication, and safety plan are in place when individuals at risk of suicide transition from inpatient to outpatient care.
  - **Every Third Tuesday, 5:30 p.m.** [Midshore Transliance Meetings, Easton, MD](#)
  - **Every Second and Fourth Tuesday, 6:00 p.m.** [Mid-Shore Transgender Support Group](#)
  - **COVID GUIDANCE: [Screening for Suicide Risk during Telehealth Visits](#)**
  - [CDC's Youth Risk Behavior Survey Data Summary & Trends Report, 2009 - 2019](#)
  - [MHA's State of Mental Health in America 2021](#)
  - **At your own pace - [Cultural and Linguistic Competency course on the Maryland Behavioral Health University of Maryland Training website](#) - 1.25 NBCC CEUs or a Certificate of Attendance (COA) upon completion of the course and final test.**

- Missed it? Here are the recordings of the sessions from the [First Annual Racism & Mental Health Symposium](#).
- [All Black Lives Matter: Mental Health of Black LGBTQ Youth](#)
- [National Hispanic Heritage Month Part I: Unpacking What It Means to Work with Latinx Clients and their Families](#)
- ["The Military Life Cycle" Understanding and Working with Veterans and their Families \(updated link\)](#)
- REGISTRATION IS OPEN [Cultural and Linguistic Competency Online Courses](#)

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## Resources: Food Distribution Sites

**Caroline County Residents**  
[Martin's House & Barn](#)

**Queen Anne's County Residents**  
[Queen Anne's County Residents Only Haven Ministries](#)  
[Despensa Emergente Haven Ministries Queen Anne's County Residents Only](#)

**Talbot County Residents**  
[Church of God and St. Michaels Community Center](#)  
[Elks Lodge](#)  
[Trappe Methodist Church](#)

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## Volunteer Opportunities

Haven Ministry Food Service Pantry is looking for volunteers. Please contact [Chris Perkins christine@haven-ministries.com](mailto:christine@haven-ministries.com), 443-988-1183.

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## Job & Position Postings

- Mid Shore Behavioral Health, Inc. has an opening for a [Finance Manager](#)
- **\*\* Kent County Economic Development Office** has the following openings: [Economic Development Manager](#), [Motor Equipment Operator](#), [Service Coordinator \(Family Navigator for Kent Family Center\)](#)
- Choptank Community Health, [Lead Licensed Certified Social Worker/Clinical \(LCSW-C\)](#), Denton, MD \*Experience: Child, Adolescent, and Adult Therapy
- Kent County Healthy Dept. A.F. Whitsitt Center is hiring a [Registered Nurse, Direct Care Assistant I, and Direct Care Assistant II](#)
- The Maryland Suicide Prevention Office is recruiting for a **Suicide Prevention Outreach Coordinator**. [Details Here.](#)
- The Center for Harm Reduction Services in the Maryland Department of Health is seeking a **Deputy Chief**. [Details Here.](#)
- St. James Zion House is seeking to fill the position of **Employment Case**

**Manager** for their Homeless Veteran Reintegration Program. Read the [Job Description Here](#). Read the [Vacancy Announcement Here](#).

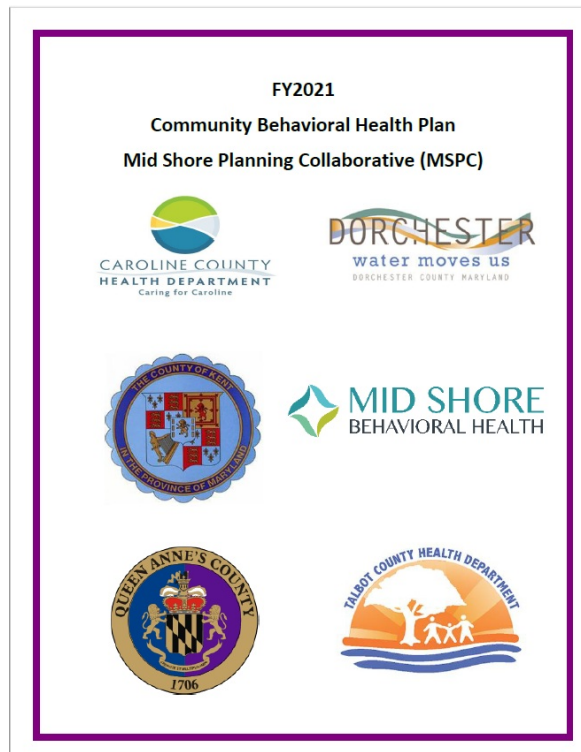
- **MarylandROTA** is looking for a **part-time educator** who can provide the Mental Health First Aid and other opioid prevention-related training and education for youth and adults in mid and upper shore communities. If you are interested, please contact Jinhee Kim at [jinkim@umd.edu](mailto:jinkim@umd.edu).
- **Channel Marker** currently has **numerous job openings** posted at [channelmarker.org/employment](http://channelmarker.org/employment).
- The **State of Maryland** has openings for a **Certified Peer Recovery Specialist I & II**. To learn more and apply, go to [bit.ly/recoveryspecialist1](http://bit.ly/recoveryspecialist1) or [bit.ly/recoveryspecialist2](http://bit.ly/recoveryspecialist2).
- **Talbot Family Network** is seeking an **Executive Director**. Learn more and apply at [talbotcountymd.gov/index.php?page=Job\\_Openings](http://talbotcountymd.gov/index.php?page=Job_Openings).
- The **Governor's Commission on Suicide Prevention** has two openings available. More about the Commission can be found [here](#). Anyone interested should apply using [this link](#). If you have any questions, please contact Janel Cabbage at [janel.cabbage@maryland.gov](mailto:janel.cabbage@maryland.gov).

To submit a job posting, kindly email:  
[surquhart@midshorebehavioralhealth.org](mailto:surquhart@midshorebehavioralhealth.org).

Please submit postings in PDF or Word Document. Jobs will be promoted for the duration of 1 month, or until notified differently.

Check out our Fiscal Year  
2021 Integrated  
Community Behavioral  
Health Plan

Fiscal Year 2021  
Community  
Behavioral Health  
Plan





Do you have news to share in our newsletter? Have an upcoming event, workshop, training or conference? How about questions you need answers to? Please email [Sherize Urquhart](mailto:Sherize.Urquhart) so that we can be of help.



Check out our events page for upcoming events & trainings.

[Upcoming Events](#)



[Optum Provider Alerts](#)

### **Our Mission**

MSBH's mission is to continually improve the provision of behavioral health services for residents of Caroline, Dorchester, Kent, Queen Anne's and Talbot Counties through effective coordination of care in collaboration with consumers, their natural support systems, providers and the community at large.

### **Our Vision**

MSBH's vision is a rural behavioral healthcare delivery system that is clinically and culturally competent. This system will ensure access, have a community focus, be cost-effective, and be integrated to serve the community as a whole.



**Mid Shore Behavioral Health, Inc.**  
28578 Mary's Court, Suite 1  
Easton, MD 21601  
410-770-4801

Connect with us

