

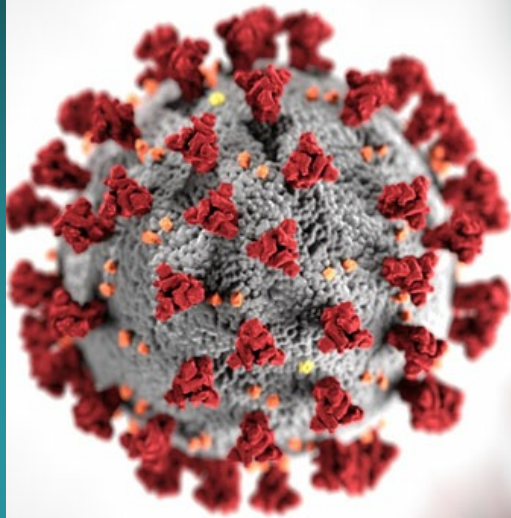


# MID SHORE BEHAVIORAL HEALTH

RESOURCES, GUIDANCE, WHOLENESS, & HOPE

Visit Our Website

Resources in Behavioral Health Training, Events, Program Info, News, & More Around the Shore



## COVID-19

CORONAVIRUS DISEASE 2019

## UPDATE

### Greetings!

Happy Friyaaayyyy!!!

This issue is all about Motivation - especially in whole health and wellness! We invite like to invite you to check out this article, published in the [Washington Post](#) - which is speaks about the Coronavirus here in the state of Maryland!

Governor Hogan's [Coronavirus Update](#) is a must read in [The World Around Us](#).

Don't forget to check out [Interim Guidance for Businesses and Employers to Plan and Respond to Coronavirus Disease 2019](#) in [Processes and People: Food For Thought](#) by the CDC.

Last but not least, stop by Tim Leberecht [The Coronavirus Crisis is a Test for Our Humanity](#) in [Beyond Culture & Diversity: A Walk in Their Shoes](#)

Have you heard? MSBH's The Steering Wheel is now on Issuu! You can [check us out here](#) and please, we would LOVE for you to follow us :)

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Click below for the latest edition of "The Steering Wheel" newsletter.

The Steering  
Wheel



The 2020 Resource Guide is LIVE and on our website! Get your copy here:

2020 Behavioral Health Resource Guide



**“Live the Life of Your Dreams: Be brave enough to live the life of your dreams according to your vision and purpose instead of the expectations and opinions of others.”**

— Roy T. Bennett



Would you like to be featured in our newsletter? Have an upcoming event, workshop, training or conference? How about a question you would like to ask? We are happy to help, please click 'Contact Us' below to send an



Have you checked out our calendar of events? Be sure to visit the site to see what's happening in Behavioral Health.

email to Sherize Urquhart ,  
Marketing & Events Specialist

Contact Us

Interested in registering for an event,  
training or conference? You can now  
RSVP right from our events  
calendar!

Upcoming Events



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