# Behavioral Health Resources

#### Transportation

• Transportation Links

https://www.dcsdct.org/transportation--mobility.html

https://www.dcsdct.org/uploads/2/5/0/4/25044487/finalmustschedulenov2014.pdf

Local Transportation
MUST 866-330-6878
Delmarva Community Transit 410-221-1910
Dorchester County 410-479-3867
Caroline County 410-778-5187
Kent County 410-822-4155
Talbot County 1-866-645-7111
Queen Anne's County, County Ride 410-758-2357
Shore Transit 443-260-2300
MD Relay #711
MTA Commuter Bus 800-543-9809
Annapolis Transit 410-269-0674
Key Lime Taxi of Elkton, Chestertown, Easton
https://www.elktontaxi.com/mobile/taxi\_cabs.html

\*\*CALL A TRAVEL TRAINER OR ONE STOP NEAR YOU Toll Free 1-866-645-7111, Dorchester 410-221-1910, Talbot 410-822-4155, Caroline 410-479-3867, Kent 410-778-5187, Spanish 1-410-490-1696

\*\*24 hour notice for door to door service for the elderly and disabled population

\*\*Deviated Routes can drive ¾ mile outside of designated route with a 2 hour notice.

• Eligibility Determination:

To determine if you are eligible for the Medical Assistance (MA) Transportation Program, you must answer "YES" to each of the following questions:

Do you have a current (Red & White Medicaid card) Medicaid number? Do you require transportation to your medical appointments? Is this your only source of transportation? Have you completed an application?

 Points of Contact for Transportation in Each County
Talbot County contracts with DCT: <u>https://healthytalbot.org/resources/medical-assistance-transportation-health-department/</u>
 Caroline County MA Transportation
 <u>https://www.carolinehd.org/ma-transportation</u>
 Kent County MA Transportation
 <u>http://kenthd.org/adult-health/medical-assistance-transportation/</u>
 QAC MA Transportation
 <u>https://health.maryland.gov/qahealth/community-health/Pages/Medical\_Transportation\_Services.aspx</u>

Dorchester County MA Transportation

http://www.dorchesterhealth.org/index.php?page=medical-assistance-transportation

## Resources for consumers released from detention

- Provide them a Pocket Resource Guide (found on MSBH website)
- Communication between the service provider (substance use/mental health/somatic) in the detention center and provider in the community. For example, if a client is at Caroline Detention and has Choptank as PCP, staff from the mental health program within the Detention could contact Choptank re care received inside and transitioning back home.
- Access the BHA list of Recovery Houses. <u>https://bha.health.maryland.gov/pages/index.aspx</u>
- SOAR as a resource for those who need income (Referral found on MSBH website).
- Forensic Case Manager (referral found on MSBH website)

# Cultural Competence/Language barriers

- The National Center for Cultural Competency at Georgetown University Center for Child and Human Development is a great resource. <u>https://nccc.georgetown.edu/</u>
- Provide a training for front desk staff regarding cultural competency. At minimum, front desk should be able to greet consumers in their native language.
- Utilize Language Link.
- Agency literature/documents available in other languages. Display sign with various languages

## Child and Adolescent School Based Services Points of Contact

- Caroline County contact, Dr. Derek Simmons, Director of Student Services 410-479-3253 ext.111 simmons.derek@ccpsstaff.org
- Dorchester County contact, Dr. James Bell, Supervisor of Student Services 410-228-4747 ext. 1066 <u>bellj@dcpsmd.org</u>
- Kent County contact, Dr. Angela Holocker, Supervisor of Student Services 410-810-3170 <u>aholocker@kent.k12.md.us</u>
- Queen Anne's County contact, Stirling Ward, Clinical Resource Specialist 410-758-2403 stirling.ward@qacps.org
- Talbot County contact, Dr. Robert Schmidt, Mental Health Services Coordinator 410-822-0330 <u>rschmidt@tcps.k12.md.us</u>

## Peer Support

• Chesapeake Voyagers, Inc.

Chesapeake Voyagers Inc. (CVI) is a Peer Support Wellness & Recovery Center which is a place where adults experiencing difficulty with mental health and/or addiction can connect with others who have similar life experiences, learn about wellness and recovery, receive one on one and group peer support and have fun – all for free! CVI serves residents in all five Mid-Shore counties at various locations. They offer a safe and comfortable environment where you can make friends who will become like family to you. They are open to EVERYONE! No referral, insurance or specific diagnosis is needed to attend. Stop by or call to learn more.

Main address: 342-C North Aurora St. Easton, MD 21601 and phone number 410-822-1601 Hours of Operation: Monday – Friday 11am – 6pm, Saturday 9am – 4pm

Website: www.chesapeakevoyagers.org

Payment Types Accepted: Free Services

DRI-Dock Recovery and Wellness Center

The Dorchester Recovery Initiative (DRI), in conjunction with Chesapeake Voyagers, Inc., promotes personal recovery for all, no matter what path one takes to recovery. They also help to strengthen the recovery community and the services and structures that help folks get and stay in recovery worldwide! We are here for those seeking help for mental health, co-occurring, and addictions concerns. Address: 206 Sunburst Highway Cambridge, MD 21613

Phone: 410-228-3230

Email: www.dri-dock.org

Hours of Operation: Monday – Friday 8am to 6pm

Payment Types Accepted: Free Services

HALOS Support Group – Compass Regional Hospice
The HALOS (Healing After A Loved One's Suicide) Support Group is open to adults 18 and over. For more information, please contact Rhonda Knotts,443-262-4109, rknotts@compassregionalhospice.org, or
Wayne Larrimore, 443-262-4108, .
Address: 255 Comet Drive Centreville, MD 21617
Phone: 443-262-4109 or 410-643-7674
Website: www.compassregionalhospice.org
Hours of Operation: 2nd Wednesday of each month, 6:30 PM to 8:30 PM

Payment Types Accepted: Free Services

• Maryland Coalition of Families

Maryland Coalition of Families (MCF) helps families who care for someone with behavioral health needs. Using personal experience as parents, caregivers, youth and other loved ones, we connect, support and

empower Maryland's families. Our staff provide one-to-one support to parents and caregivers of young people with mental health issues and to any loved one who cares for someone with a substance use or gambling issue. To connect to MCF in your community, call 410-730-8267, press 1 or email referral@mdcoalition.org

Address: 9 S. Third Street Denton, MD 21629 Phone: 410-730-8267 Website: www.mdcoalition.org Payment Types Accepted: Free Services

• Parents, Families, and Friends of Lesbian, Gay, and Transgender Communities (PFLAG) Chestertown & Mid-Shore

PFLAG promotes the health and well-being of lesbian, gay, bisexual, and transgender persons, their families and friends through: support, to cope with an adverse society; education, to enlighten an ill-informed public; and advocacy, to end discrimination and to secure equal civil rights. Parents, Families, and Friends of Lesbians and Gays provides opportunity for dialogue about sexual orientation and gender identity, and acts to create a society that is healthy and respectful of human diversity. We are a national support, education, and advocacy organization for lesbian, gay, bisexual, and transgender (LGBT) people, their families, friends and allies. With 200,000 members and supporters, and local affiliates in more than 350 communities across the U.S. and abroad, PFLAG is the largest grassroots-based family organization of its kind. PFLAG is a non-profit organization and is not affiliated with any religious or political institutions. Case Management services are provided to assist participants in gaining access to needed Address: 914 Gateway Drive Chestertown, MD 21620

Phone: 301-938-0868

Website: www.pflagchestertown.com

Hours of Operation: Meetings are the 1st and 3<sup>rd</sup> Thursdays of the month at 7:00PM, locations vary

Recovery in Motion – Kent County Health Department
Address: 300 Scheeler Road Chestertown, MD 21620
Phone: 410-778-5895
Website: www.kenthd.org
Hours of Operation: Mon. and Fri. by appt., walk-ins Tues. and Thurs.
Payment Types Accepted: Free Services

#### **Crisis Services**

• Affiliated Santé Group

Eastern Shore Crisis Response Services: 408 Byrn Street Cambridge, MD 21613

Phone: 1-888-407-8018

Website: www.thesantegroup.org

Hours of Operation: 7 days a week, 9am to midnight

Payment Types Accepted: Grant Funds, Free Services Providers:

Affiliated Sante is the largest provider of crisis services in Maryland. Mobile Crisis Teams services are dispatched vi the Eastern Shore Operations Center (ESOC) 888-407-8018. Mobile Crisis teams operate 7 days a week 9am to midnight serving Cecil, Kent, Queen Anne, Talbot, Caroline, Dorchester, Wicomico, and Somerset Counties. ESOC operates 24/7 and serves all 9 counties on the Eastern Shore