



**MID SHORE**  
**BEHAVIORAL HEALTH**  
RESOURCES, GUIDANCE, WHOLENESS, & HOPE

## Board of Directors Interest Form

Mid Shore Behavioral Health is a private, not-for-profit 501(c)(3) organization serving Caroline, Dorchester, Kent, Queen Anne’s, and Talbot Counties. Our primary responsibility as a “Core Service Agency” is community planning, management, and monitoring of publicly funded and medically necessary behavioral health services in the five-county region.

With the ongoing goal of a diverse and engaged Board of Directors, we are currently accepting interest forms from individuals in a variety of community sectors, including but not limited to multicultural, business/finance, faith affiliated, law enforcement, health care, housing development/homeless services. Responsibilities include attending six meetings per year (typically the second Monday of the month, 4:30 – 6:00 PM), participating in steering the organization in accordance with the mission and vision, voting on pertinent issues, and actively participating in a Board committee. Directors are appointed for a four-year volunteer term with an option for a second term.

Our Mission: Mid Shore Behavioral Health, Inc.’s mission is to continually improve the provision of behavioral health services for residents of Caroline, Dorchester, Kent, Queen Anne’s, and Talbot Counties through effective coordination of care in collaboration with consumers, their natural support systems, providers, and the community at large.

Our Vision: A rural behavioral healthcare delivery system that is clinically and culturally competent. This system will ensure access, have a community focus, be cost-effective, and be integrated to serve the community as a whole.

DEI Impact Statement: MSBH acknowledges behavioral health systems have historically been used as a tool to perpetuate racism. Racism causes trauma. Racial bias within these systems cultivates health disparities and inequities, which can reinforce racial oppression.

If you have an interest in the process of advancing our mission, please complete this form and email to [jquarnstrom@midshorebehavioralhealth.org](mailto:jquarnstrom@midshorebehavioralhealth.org). Alternatively, the form can be mailed to Mid Shore Behavioral Health, 28578 Mary’s Ct, Suite 1, Easton, MD 21601, Attn: J. Quarnstrom.

For more information, please visit our website at [www.midshorebehavioralhealth.org](http://www.midshorebehavioralhealth.org)

Full Name: \_\_\_\_\_ \_\_ Mr. \_\_ Mrs. \_\_ Ms. \_\_ Dr. \_\_ Honorable \_\_ Other  
Your Pronouns: \_\_\_\_\_

Employer’s Name (if applicable) \_\_\_\_\_

Employer’s Address: \_\_\_\_\_

Job Title/Role (if applicable) \_\_\_\_\_

Please place an X next to your preferred email and phone you’d like us to use:

\_\_\_ Work Email \_\_\_\_\_  
 \_\_\_ Work Phone \_\_\_\_\_  
 \_\_\_ Home Email \_\_\_\_\_  
 \_\_\_ Home Phone \_\_\_\_\_

Home address: \_\_\_\_\_  
 County of Residence: \_\_\_\_\_

Business/Social Clubs: \_\_\_\_\_  
 Board Memberships (Current and Past. Please list years of involvement and positions held):

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Other Volunteer Experience:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Expertise/Interest:

Place an X under "Expertise" for all areas you can do. Place an X under Interest for all the areas in which you are interested in working as a board member i.e., you may be a CPA but not interested in working on the Finance Committee.

	Expertise	Interest		Expertise	Interest
Financial			Substance Use		
Management			Administration		
Legal			Marketing		
Mediation			Contract/Grant management		
Strategic Planning					
Mental Health					

DEMOGRAPHIC INFORMATION

Gender: \_\_\_ Male \_\_\_ Female \_\_\_ Non-Binary    Age: \_\_\_ 18 – 20 \_\_\_ 21 – 30 \_\_\_ 31- 45 \_\_\_ 46 – 60 \_\_\_ 61 – 72 \_\_\_ over 72

Race/Ethnicity: \_\_\_\_\_

**Time:** Our Board meets approximately six times a year on Monday evenings 4:30 – 6:00 p.m. There are opportunities to serve on the Executive, Finance, Nominating or Program Services committees in addition to routine Board meetings. The Annual Meeting is a four-hour meeting during the day that includes lunch, and takes place in late October.

Updated August 2023

Please explain your interest in being a member of the Board of Directors at MSBH:

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What skills, knowledge, insights, and/or experience would you bring to this role?

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Please email the completed form to [jquarnstrom@midshorebehavioralhealth.org](mailto:jquarnstrom@midshorebehavioralhealth.org). Alternatively, the form can be mailed to Mid Shore Behavioral Health, 28578 Mary's Ct, Suite 1, Easton, MD 21601, Attn: J. Qvarnstrom, or faxed to 410-770-4809.

*Thank you for your interest in Mid Shore Behavioral Health, Inc.*