EMERGENCY SERVICES

988 Suicide Prevention Crisis Line (24/7)
Call or Text 988

Sante Eastern Shore Mobile Crisis
1-888-407-8018

For All Seasons Rape Crisis Hotline
1-800-310-7273

Mid-Shore Council on Family Violence (24/7)
1-800-927-4673

Veteran Crisis Hotline
1-800-273-TALK

ABOUT MSBH

Mid Shore Behavioral Health, Inc. (MSBH) is a private, not-for-profit 501(c)(3) regional CSA Core Service Agency (CSA) that serves the five counties of the mid-shore on Maryland's Eastern Shore: Caroline, Dorchester, Kent, Queen Anne's, and Talbot counties.

The Pocket Resource Guide

FOR AGING ADULTS

MID SHORE
BEHAVIORAL HEALTH
RESOURCES, GUIDANCE, WHOLENESS, & HOPE

To update information associated with this guide,
Call (410) 770-4801

HOUSING SERVICES

Mid-Shore Continuum of Care
(410) 770-4801

Tri-County Alliance for the Homeless
(443) 523-1810

Year-Round Shelters

Martin's House and Barn (Caroline County)
(410) 634-2537 ext. 118

Talbot Interfaith Shelter (Talbot County)
(410) 253-5414

Salvation Army of the Mid-Shore
(410) 228-2442

Ridgeway House (Talbot County)
(410) 820-7013 or (410) 822-5015

Christian Shelter, Inc. (Wicomico County)
(410) 749-5673

HALO (Wicomico County)
(410) 742-9356

Cecil County Men's Shelter (Cecil County) (410) 392-8066

Easton Main Street Housing
(410) 540-9067 Ext. 17

SUPPORT SERVICES

Senior Helpline: (866) 635-2949

Maintaining Active Citizens, Inc.
(410) 221-1920

Maryland Access Point
Caroline, Kent, Talbot: (410) 778-6000
Dorchester, Somerset, Wicomico:
(410) 742-0505 ext. 109
Queen Anne's: (410) 758-0848

Maryland Department of Aging
(410) 767-1100 or (800) 243-3425

Upper Shore Aging: (410) 778-6000

Queen Anne's County Area Agency on Aging
(410) 758-0848

Medicaid's Long-Term Care: 1-877-463-3464

Medicaid's Home and Community-Based Waiver Services
1-844-627-5465

Talbot Hospice: (410) 822-6681

Shore Neurocognitive & Behavioral Health
(443) 746-3698

SOCIAL SERVICES AGENCIES

Department of Social Services (DSS)

Caroline County: (410) 479-8030
Dorchester County: (410) 996-5550
Kent County: (410) 228-3223
Queen Anne's County: (410) 778-1350
Talbot County: (410) 819-5600

Health Departments

Caroline County: (410) 479-8030
Dorchester County: (410) 996-5550
Kent County: (410) 228-3223
Queen Anne's County: (410) 778-1350
Talbot County: (410) 758-0720 | (410) 819-5600

Disability Resources

Social Security Administration (Dorchester)
1-800-772-1213

SSI, SSDI, Outreach, Access, & Recovery (SOAR)
(410) 770-4801

Transportation

- Community Transit
- Queen Anne's County Ride
- One Stop
- MUST-MD Upper Shore Transit
- Shore Transit

PEER SUPPORT

Chesapeake Voyagers Inc. Wellness & Recovery Center (Mid-Shore Counties)
(410) 822-1601

Dri-Dock Recovery & Wellness Center
Dorchester County
(410) 228-3230 or (443) 477-6668

Recovery in Motion (Kent County)
(410) 778-5895

Maryland Center on Problem Gambling
Call or text: 1-800-426-2537

VETERAN SERVICES

Alliance SSVF: (443) 900-4731

Maryland's Commitment to Veterans
1-877-770-4801

National Call Center for Homeless Veterans
1-877-424-3838

Supported Services for Veterans - St. James
(410) 742-4950

VA Homeless Outreach
(443) 326-4337

SENIOR CENTERS

Amy Lynn Ferris Activity Center
Chestertown: (410) 778-2564

Cambridge Mack Senior Center
Cambridge: (410) 221-1920

Caroline County Senior Center
Denton: (410) 479-2535

Delmarva Community Services Center
Cambridge: (410) 221-1900

Federalsburg Senior Center: (410) 754-9754

Grasonville Senior Center: (410) 827-6010

Hurlock Senior Center: (410) 943-1106

Kent Island Senior Center
Stevensville: (410) 604-3801

Queen Anne's County Family YMCA and
Active Aging Center (Centreville)
(443) 262-9994

Sudlersville Senior Center: (410) 438-3159

Talbot County Brooklett's Place
Easton: (410) 822-2869

THRIFT SHOPS

Our Daily Thread—Haven Ministries
Queen Anne's County: (410) 353-0455

Martin's House and Barn (Caroline County)
(410) 634-2537

Salvation Army (Dorchester)
(410) 228-3117

St. Vincent de Paul (Talbot)
(410) 770-4505

FOOD PANTRIES

Salvation Army of the Mid-Shore
(410) 228-2442

St. Vincent de Paul (Talbot)
(410) 770-4505

Community Food Pantry (Kent)
(410) 778-0550

Delmarva Community Services (Dorchester)
(410) 901-2991

Haven Ministries (Queen Anne's - 2 Locations)
(410) 827-7194

Martin's House and Barn (Caroline)
(410) 634-2537

Neighborhood Service Center (Talbot)
(410) 822-5015