# What is a recovery residence?

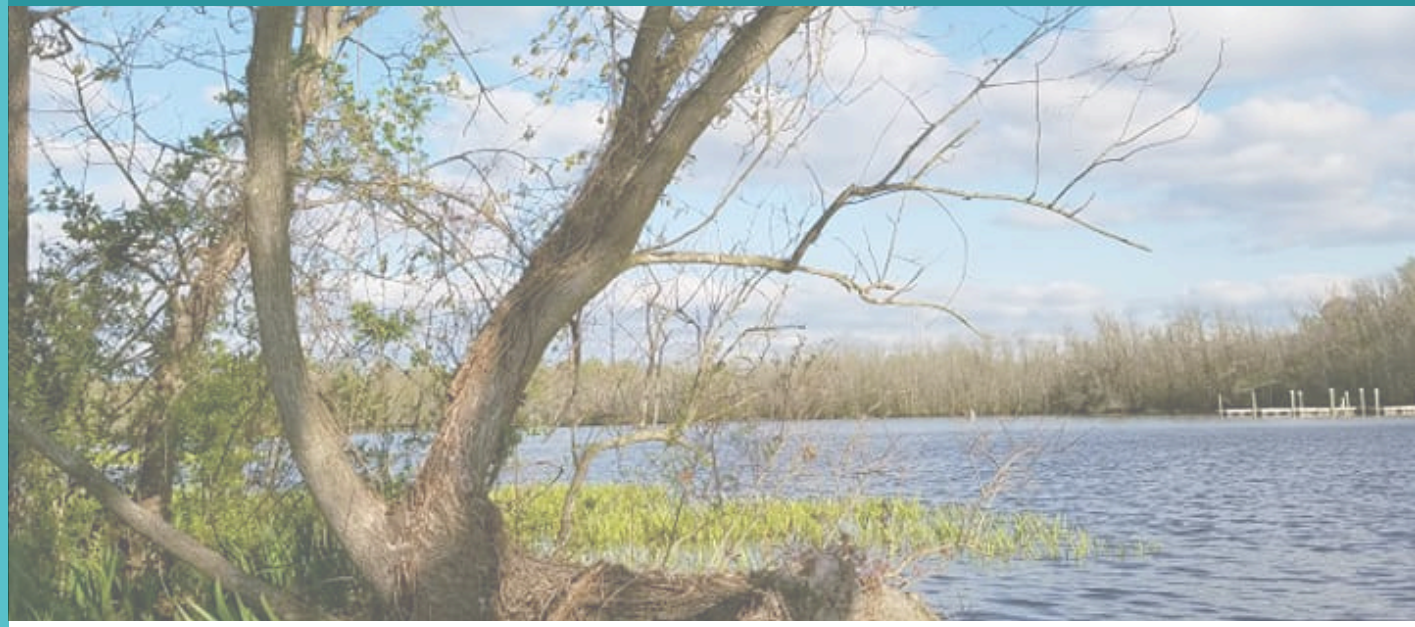
Recovery houses provide residents with a living environment that is free from drugs and alcohol. They are privately owned and operated, so residents living in recovery houses pay a weekly rent to live there.

Recovery houses do not provide any form of treatment, but residents are usually expected to participate in outpatient therapy at a local agency. They also have expectations for residents to obtain employment within a certain amount of time to help increase their involvement in healthy lifestyle choices and community engagement.

Behavioral Health Resources Across the Eastern Shore

# Recovery Housing

*what are they & where to find them*

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MID SHORE
BEHAVIORAL HEALTH
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The **National Alliance for Recovery Residences (NARR)** is a governing body that classifies different types of recovery houses and regulates the quality of provided care. The NARR defines a recovery residence as “a sober, safe, and healthy living environment that promotes recovery from alcohol and other drug use and associated problems.”

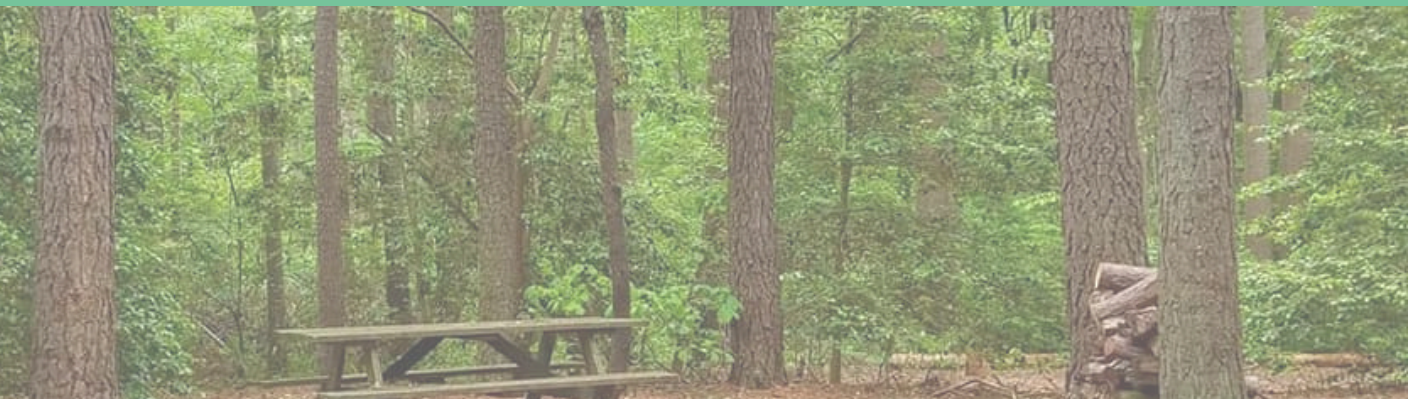
***NEW***

### *Level Up*

**One men's house in Dorchester County**

**443-477-3238**

# Recovery Housing on the mid-shore



### *Awaken Recovery Foundation*

**One women's house in Dorchester County**

**awakenrecovery.org**

### *Foundations Recovery House*

**Three women's houses in Talbot County**

**One men's house in Kent County**

**foundationsrecoveryhouse.com**

### *Breaking Chains Recovery House*

**One men's house in Dorchester County**

**breakingchainsrecovery.info**

### *The Gratitude House*

**Three men's houses in Talbot County**

**One men's house in Dorchester County**

**thegratitudehouse.info**

### *Humble House*

**Two men's houses in Talbot County**

**One men's house in Caroline County**

**humblehouserecovery.org**

### *New Heights*

**One men's house in Kent County**

**newheights533@gmail.com**

### *Sunnyside Recovery*

**One men's house and one Mommy & Me house in Talbot County**

**sunnysiderecovery6@gmail.com**